# Drs Thorniley - Walker & Lombard



The Medical Centre, Gibson Court, Boldon Colliery, NE35 9AN

http://boldongp.nhs.uk

gibson.court@nhs.net

Emergencies / 0191 5193000 Appointments

Opening Hours 8am to 6pm

#### **Doctors**

Dr Edward Thorniley-Walker (Male) MBBS 1985 Newcastle, MRCGP, DRCOG, Cert F.P.

Dr David Lombard (Male) MBChB 1989 Birmingham, T(GP), MRCGP

> Dr Katharine Bramley (Female) MBChB, DRCOG MRCGP

Dr. Nousha Ali MBChB, DTM&H, MRCGP, DFSRH

#### **Practice Staff**

Advanced Nurse Practitioner – Louise Grant
Practice Nurses – Vicky Wadge, RGN & Rachael Hughes, RGN
Health Care Assistants - Kerry Pringle
Practice Manager Aidan W. Berry (MA)
Assistant Practice Manager Kerry Wealands
Secretary Tracey Scott
Reception / Office Staff Jackie Peterson,
Wendy Hilliard, Caitlin Maley, Grace Wadge 7 Karolina Herbut

### **How to consult your Doctor**

### Registration

Please ask at reception to make an appointment to register. Your first appointment will be with the Healthcare Assistant and then with a GP if you need medication at the time of registering.

### Appointments (0191) 5193000

Surgeries are by appointment only and made by telephone, in person at reception or online. We will confirm all appointments via a txt message to your mobile so please keep your details up to date.

Be prepared to give some details to the receptionist so they can signpost you to the most appropriate appointment. If your problem is an emergency tell the receptionist and you will be seen the same day.

You may see any doctor you choose, but we do suggest you see the same doctor whenever possible.

If you would like your child to be examined, please loosen outer garments whilst waiting to see the doctor.

If you have a minor ailment please book an appointment with our Nurse Practitioner.

You May ask for a chaperone to be present, see our notices.

Please cancel all appointments that you cannot keep.

#### **Extended Hours**

The practice provides some additional appointments between the hours of 6.30pm till 8pm on Tuesdays.

# **Repeat Prescriptions**

We take requests for medication online, by email, by telephone and by attending surgery. Please ask reception for online access to ordering prescriptions and making appointments.

#### **Disabled Patients**

The building is compliant with the Disability discrimination Act and can be accessed by a ramp. There is a toilet for disabled patients.

### House Calls (0191) 5193000

Please request these before 10.30am as this helps us to plan our visits effectively. Be prepared to give some details to the receptionist so the doctors can assess your request, they may call you to assess the urgency of the visit. House Call requests after 11am are for emergencies only. These are for patients unable to come to surgery due to illness only.

### Out of Hours 0191 5193000

Telephone 111 for advice from the NHS 111 Service. If you have a medical problem out of surgery hours that cannot wait telephone **0191 5193000**. Northern Doctors Urgent Care Ltd (contracted by NHS England) provides emergency cover outside of our normal hours. You will be given telephone advice or asked to attend a face to face appointment in an urgent care centre.

### Teaching

We are a training practice for GP's. There may be a Registrar who is a fully qualified doctor undergoing specialist training, who is treated by the practice as a temporary partner and they have their own surgery workload. Medical Students may be present with your doctor, if you wish to see your doctor alone please let reception know.

# In - House Complaints Procedure

Please contact our practice manager Aidan Berry who will give you further information. We attempt to resolve problems swiftly and take appropriate action when we have failed to reach the high standards that we aim for.

# **Patient Responsibility**

You will be treated professionally and courteously in a caring manner and we expect to be treated courteously in return and will not accept any abusive or violent behavior which may result in removal from the practice.

# **The Primary Health Care Team**

#### **Practice Nurse**

Nurse Wadge and Nurse Hughes can be seen by appointment. Vicky and Rachael offer nursing services, reviews on **asthma** and **hypertension** and general nursing services.

#### **Health Care Assistant**

The practice employs a health care assistant to perform health checks and practice based tests.

### **District Nurses**

Tel - 283 1381

The team provide nursing services in the home.

#### Health Visitor

Tel - 283 1508

Elaine Arthur our Health Visitor is available for advice on matters relating to children under 5 (e.g. feeding, minor illness, sleeping, behavioural problems and immunisations) and the elderly.

### **Community Midwife**

Tel – 283 1288

A Community Midwife is available for advice and can be contacted via South Tyneside District Hospital.

# **Physiotherapy Service**

Tel - 481 3902

We run a Self Referral Physiotherapy Service with South Shields Hospital Physiotherapy Department.

### **Community Pharmacist**

Our Pharmacy team can provide advice on your medication and provides a medication review service.

# Ear Care including the treatment of wax.

Please make an appointment with the Practice Nurse.

# **Clinics & Services**

#### **Ante Natal Clinic**

This is run by the Midwives and is held at the surgery on a Thursday.

# Child Health Surveillance Wednesday

The clinic for baby immunisations is held with the Nurse on a Wednesday, and the developmental baby checks are with the Doctor on Thursday or Friday morning. Parents will be sent reminders when due. The Health Visitors carry out weighing and further developmental checks:-

On Thursdays at The Children's Centre, Reginald Street, Boldon Colliery, between 1.30pm & 3.30pm

### **Minor Surgery**

Our doctors can perform simple minor surgical procedures. Please discuss this with your doctor.

### **Family Planning**

The service we provide includes referral for fitting contraceptive caps, coils, implant and the administering of injections and prescribing of pills. Our nurses are Family Planning trained.

#### **Musculoskeletal Conditions**

Dr Bramley has a special interest in musculoskeletal conditions.

#### **NHS Health Checks**

Appointments can be made with our Practice Nursing team between 9am and 4pm for general health advice. For women this includes cervical smears and breast awareness.

# **Travel Advice Appointments**

This is provided by our Practice Nurse. Please make an appointment at reception.

#### **Private Medicals**

Some Private medicals for insurance, HGV, PSV, hackney carriage and employment can be arranged with the doctors, please contact our Secretary.

#### Flu and Pneumococcal Vaccinations

Vaccination clinics are held in October and November each year. We strongly recommend all those over 65 and all those with chest, heart, kidney problems, diabetes and those in residential care should be vaccinated. We do not usually provide vaccination for those who are not in the at risk groups above.

#### **Data Protection**

We are registered with the information commissioner who records the access to your records we have, this information can be found on the information commissioner website. Only our employed staff have access to your data and you should contact Aidan Berry on 0191 5193000 if you have a query regarding this.

### South Tyneside Talking Therapies. Tel 283 2937

Are you feeling down and / or worry a lot? Does it feel like you have nowhere to turn?

These are common feelings and help is available. You can pick up a leaflet at reception for further information

#### Named GP

Every patient has a named GP, however, you can see any GP of your choice in the practice. If you are not aware of who your named GP is and would like to know, please ask at reception

# **Practice Boundary**

This GP Partnership practice works as part of South Tyneside Clinical Commissioning Group, Monkton Hall, Monkton Lane, Monkton Village, Jarrow, Tyne and Wear NE32 5NN 0191 283 1903. The Practice is contracted by NHS England

